FACT 1 | Myth Buster: Idling is NOT better than turning your car off! It takes 10 seconds worth of fuel to re-start your car, so if you plan to idle for more than that, it’s better for your fuel efficiency and better for your car to turn it off!

FACT 2 | Idling is linked to increased rates of asthma, decreased lung function, cardiac disease, cancer, and other serious health problems.

FACT 3 | Asthma is the most common chronic illness among children and the largest cause of school absences. It’s also the 3rd leading cause of hospitalization among children under 15.

FACT 4 | One minute of idling puts more carbon monoxide into the air than smoking three packs of cigarettes.

FACT 5 | Your car produces up to 12% more emissions when idling than it does driving, while using the same amount of gas.

FACT 6 | On average, each person wastes 1-2 tanks of gas every year by idling.

FACT 7 | 29 states have idling laws specific to schools.

FACT 8 | California prohibits school bus idling for any amount of time.

SOURCE: Environmental Law Institute gradesofgreen.org