



## CHANGE YOUR FILTERS

Did you know that the filters on your furnace and/or air conditioner should be changed every three months? Filters can accumulate a lot of dust, pollen, mold, and other contaminants, which can aggravate allergies or even cause disease. The American Lung Association states that breathing in these particles can irritate the eyes and respiratory tissues and decrease lung functioning.

When the filter becomes clogged with dirt, it causes the furnace to work harder, which uses more energy and ultimately costs you more money. Taking some time to maintain your filters will improve the air quality in your home and save you money. The best news ... it can save 350 pounds of CO<sub>2</sub> a year!

**Take a STEP AND MAINTAIN YOUR FILTERS!**