

Energy Monitor – Classroom Checklist

Being the Energy Monitor for your classroom is an important job. Follow the checklist below to make sure your classroom is conserving energy. This will help save your school money, conserve natural resources, and create a healthier environment. See if you can have an Energy Monitor in every classroom at your school!

In the morning:

Task	Place an X when completed!
Check the thermostat. If it is summer time, the temperature needs to be set to a minimum 78 degrees Fahrenheit. In the wintertime, it needs to be set to a maximum of 68 degrees Fahrenheit.	
Check the windows. If they are open, make sure the air conditioner or heater is turned off.	
If weather permits, open the windows or doors and turn the air conditioner or heater off to get some fresh air into your classroom.	

Before lunch:

Task	Place an X when completed!
Turn the lights off.	
Turn any computers and/or tablets off.	
Turn power strips off.	

Before school ends:

Task	Place an X when completed!
Turn the lights off.	
Turn off the air conditioner or heater.	
Close all of the windows.	
Unplug all electronics that do not need to be kept on.	
Turn power strips off.	
If there are curtains or blinds for the windows, pull them shut.	