

HOW TO PACK a TRASH FREE LUNCH

STEP 1: BRING REUSABLE UTENSILS

Pack a reusable fork or spoon that can be washed and reused instead of a plastic one that will be thrown away.



STEP 2: PACK a CLOTH NAPKIN



Pack a cloth napkin that can be brought to school, washed at home, and brought back the next day!

STEP 3: GRAB a REUSABLE WATER BOTTLE

Bring a reusable water bottle instead of a single-use plastic water bottle.



STEP 4: TRY REUSABLE CONTAINERS



Pack a lunch in reusable containers. You can save money and resources by reusing plastic containers you already have, such as premade fruit cups and hummus dip.

STEP 5: Take a TRASH-FREE LUNCHBOX

Try a reusable lunchbox or bag to hold the reusable food containers and water bottle. Eliminate landfill waste from one time use plastic and paper bags.

