**Meatless Monday Tracker**

Using this worksheet, students will tally what type and how many students bring in Meatless Meals to school. **Only tally one meal type per person.**

**School Name**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- |
|  | **Tally of Meal Type** | **Total** |
| **Meat Alternative** |  |  |
| **Beans/Legumes** |  |  |
| **Vegetables** |  |  |
| **Fruit** |  |  |
| **Grains** |  |  |
| **Nuts** |  |  |
| **Other**  **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |  |  |
| **Total** |  | |