**Stroll N’ Roll Tracker**

**Instructions:** Using this worksheet, students will keep track of how many days they Stroll N’ Roll and the distance traveled.

**CALCULATE how much CO2 you saved!**

Using the total distance traveled (in miles), calculate the amount of carbon dioxide offset by Strolling N’ Rolling to school. On average, 411 grams of CO2 is released with each mile driven. Use the following equation to complete your calculation:

**411 grams CO2/mile x (total amount of miles traveled) miles = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_g CO2**

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| **Day (day/date)** | **Distance Traveled One Way** | **Cumulative Distance Traveled** |
| *Ex. Monday, May 3* | *1 mile* | *One way distance x 1 or 2 (dependent on if you traveled one way or roundtrip)= total* |
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| **Total Distance Traveled** |  |