

Waste Less Wednesday

Education Supplement

Waste Less Wednesday
Lunches Create a Lot of Waste



Waste Causes Greenhouse Gas Emissions



Choose to Go Trash Free

Look for Easy Switches, Like Us!

- Reusable Containers
- Reusable Bottles
- Reusable Utensils
- Cloth Napkins



grades of green

Note: These resources can be viewed as a [slideshow](#)

Lunches Create a Lot of Waste

According to the EPA, the average American student creates 67 pounds of lunch packaging waste each school year. That's more than 18,000 pounds of plastic, paper, and other non-food materials for just one average-sized elementary school. Whether you're packing a full lunch for school, bringing a snack, or packing food to go somewhere else, choosing to pack Trash Free reduces waste, saves natural resources, and saves money!

Waste Causes Greenhouse Gases

Fossil fuels are used for a majority of production and waste sectors across the world. This means that fossil fuels are used both to produce our packaging and dispose of it after it has been discarded. All of these fossil fuels give off greenhouse gasses that warm our planet and lead to climate change. In 2019, landfills alone produced 91 million metric tons of CO2 in the United States. That's the same weight as 455,000 blue whales!

Choose to Go Trash Free

By making simple changes like packing food and drinks in reusable containers and bringing reusable utensils/cloth napkins/straws you can reduce your waste to make your school/community more sustainable.

Watch These Videos for Inspiration!



Reduce, Reuse, Recycle

[Click here to watch!](#)



How to Live Zero Waste

[Click here to watch!](#)